

PAIN MANAGEMENT REQUISITION

Tel: 1-587-495-9817 **Fax:** 1-587-316-0834

Patient & appointment inform	Referring	Coverage					
Name	Name	AB Pr	rovincial				
Address	Clinic	Out of province					
City Province Postal c	Phone	☐ Indus	trial				
Home phone Other phone	Fax	☐ WCB					
Date of birth AHC#/WCB#	Copy to Dr.	☐ Self p					
Administrative gender M F Identifying gender M F Nonbinary	PRAC ID Order date				☐ Refug		
			TURE				
CLINICAL SYMPTOMS	•	access Request	est	ACUIT	TY: □ STAT □ URGENT		
Repeatx per year (up to 3)	Therapy	Site Reques	ste	d			
MEDICAL HISTORY					their discretion respecting t g and clinical findings on the		•
☐ Anticoagulation					to inject elsewhere.		
Lidocaine allergy					equisition if the patient pre e/side than what was ordere		
☐ Diabetic		or the incorrect site					-
☐ Contrast allergy	SHOULDER	SHOULDER			HIP, PELVIS, SI JOINTS		
Latex allergy	☐ Subacron	☐ Subacromial bursa		\square R	☐ Hip joint	□ L	□R
☐ Limited mobility	Glenohur	meral joint	L	□R	☐ SI joint	□ L	□R
	☐ AC joint		□ L	□R	Greater troch bursa	□ L	□R
ADD PRELIMINARY IMAGING	☐ Biceps te	ndon	□ L	□R	☐ Iliopsoas bursa	□ L	□R
□Ultrasound	☐ Tendon		□ L	□R	☐ Ischial bursa		□R
X-ray	☐ Arthrodila	ation (frozen shoulder)	□ L	□R	Symphysis pubis		□R
X-ray and ultrasound		☐ Sternoclavicular joint ☐ L ☐ R			☐ Meralgia paresthetica		□R
		-			☐ Piriformis syndrome		□R
UNINSURED SERVICES	ELBOW						
Platelet Rich Plasma (PRP) - Side: ☐ L ☐ R		☐ Elbow joint ☐ L ☐ R			KNEE		
Target site:				∐ R	☐ Knee joint		
Radiologist will protocol procedure modality. Prior MRI or	☐ Medial e	<u>-</u>		R	Bakers cyst		
Ultrasound is required for all non-joint requests		Olecranon bursa L R			Pes anserine bursa	LL	∐ R
	☐ Cubital to	Cubital tunnel L R		FOOT AND ANKLE			
VISCOSUPPLEMENTATION	WRIST AND	HAND			☐ Ankle joint	□L	□R
Side: D R B	☐ Radiocar		□L	□R	Achilles tendon	□L	R
☐ Cingal (Monovisc + steroid)	1st CMC	-	ΠL	□R	First MTPJ		 □ R
Monovisc 2mg (small joints)	 ☐ Carpal tu			 □ R	Retrocalcaneal bursa		 □ R
Monovisc 4mg (large joints)	□ De Quen		ΠL	□R	 ☐ Subtalar joint		 □ R
☐ Durolane	☐ Flexor/tri			 □ R	☐ Plantar fascia		 □ R
JOINT	☐ Ganglion			□R	☐ Ganglion cyst		 □ R
☐ Hip (4cc syringe)	☐ Small joir	_ -			☐ Posterior tibial nerve		□···
☐ Knee (4cc syringe)					☐ Morton's neuroma		_
Shoulder (4cc syringe)					Small joint (specify):		
Small joint (2cc syringe)	NT/TENDON/BUR	SA		_ oa.i joint (specify).			
Other (specify):	Other, sp	ecify:					
*Please note Botox, PRP, and viscosupplementation are not covered by the Alberta Health Services Plan.	All selections ar	re corticosteroid unless o	therw	rise specifi	ed in the history.		



HIFT PAIN MANAGEMENT REQUISITION



Location

Unit 103 - 10514 - 67 Ave Grande Prairie, T8W 0K8

1-587-495-9817 Tel: Fax: 1-587-316-0834 Email: info@shiftimaging.ca Web: www.shiftimaging.ca

Parking: Plenty of free parking

is available onsite

Exam preparation

Please refer to www.shiftimaging.ca for complete instructions.

Pain management

Arrive 15 minutes before your appointment time.

- If you are unable to keep you appointment, please contact us 24 hours prior to your appointment at (587) 495-9817 or e-mail info@shiftimaging.ca. If an appointment is not cancelled at least 24 hours in advance of your scheduled appointment, you will be charged a twenty-five dollar (\$25) fee. Please note this will not be covered by your insurance company.
- We are unable to accommodate patients in a wheelchair unless the patient has an attendant.
- Please make reception aware of all patient's requirements such as language assistance (other than English), has a hearing impairment, is an assisted adult, has diabetic needs, has allergies (ex.Latex), has a catheter, is in or requires a wheelchair, or any other requirement.
- Remember to bring your Requisition, your Provincial Health Care Card, and Photo ID.
- Our facility is not able to provide child care services, please ensure to arrange child care during your appointment times.

Please refrain from smoking prior to your exam. Wear comfortable, breathable and lightweight clothing that provides easy access the area of concern. You may be provided with a gown depending on the procedure.

GENERAL PAIN MANAGEMENT

The majority of these procedures are either performed laying on your back or sitting comfortably in a chair. Tell your doctor if you have a latex or contrast (iodine) allergy, are diabetic and/or taking antibiotics, blood thinners, fear or needles, are prone to fainting, or if you have mobility issues that will require additional preparation time at the facility.

VISCOSUPPLEMENTATION

All medicines must be obtained prior to your appointment. You may either purchase from your local Pharmacist or directly from Shift Imaging. There is no fee associated with the injection.

PLATELET RICH PLASMA

This service is offered in partnership with Orthopedic Surgery Associates, located across the hall. Patients should consider a trial of corticosteroid

injection to determine a potential response to treatment. Most patients often encounter worsening of their symptoms the week following the procedure, with a gradual improvement. A diagnostic ultrasound is required prior to this procedure.

X-rays

X-ray services are rendered on a walk-in basis and, while no appointment is necessary, patients will be addressed in order of arrival. You will need to produce your requisition on arrival, electronic copies captured on a mobile device are acceptable so long as the entire form is captured. Inform your practitioner immediately if you are pregnant or suspect that you are pregnant, as x-ray radiation is harmful to the unborn baby and can result in birth defects.

Generally, no special preparation is necessary for this procedure. You'll be asked to remove any accessories, jewelry, clothing or other items that might impede optimal X-ray performance. In the event that you are required to remove your clothing, a gown will be provided. Women between the ages of 11 and 55 will be asked whether they may be or are pregnant; should they answer yes, proceedings will be halted and the necessary alternative action taken.

Lead shielding will be used to obscure body parts not relevant to this examination. Your technologist will position you in one or more ways throughout the course of the examination, in order to obtain the relevant images.

Ultrasound

Please refrain from smoking prior to all ultrasound exams. Some MSK exams require an X-ray of the area of concern prior to the ultrasound. This allows the radiologist to correlate the soft tissue findings of the ultrasound with the bones of the joint being examined.

MUSCULOSKELETAL EXAMS

Take all prescription medications as instructed. Your skin should be kept clean and free of body oils, moisturizers and powders. Your clothing should be lightweight, comfortable and suitable for easy access to the skin of the area to be studied.

Please visit www.shiftimaging.ca for further information and a complete list of instructions.