# SHIFT PAIN MANAGEMENT REQUISITION Tel: 1-587-495-9817 Fax: 1-587-314-0834

<b>Patient &amp; appointment infor</b>	Referring physician				Coverage	
Name	Name				☐ AB Provincial	
Address	Clinic				Out of province	
City Province Postal	Phone				☐ Industrial	
Home phone Other phone	Fax				☐ WCB	
Date of birth AHC#/WCB#	Copy to Dr.				☐ Self pay	
Administrative gender M F	PRAC ID Order date				Refugee	
Identifying gender	ary			CICNIA	FUDE	Other:
				SIGNA	IUKE	
CLINICAL SYMPTOMS	Rapid A	Access Requ	est	ACUIT	Y: STAT URGENT	
	Reason for	rapid access request				
	Therap	y Site Reque	ste	d		
MEDICAL HISTORY		•			their discretion respecting t	he specific
Anticoagulation					and clinical findings on the	
Aspirin		ment date support			•	
Lidocaine allergy					equisition if the patient pres /side than what was ordere	
Diabetic		for the incorrect sit				a. standing
Contrast allergy	R			HIP, PELVIS, SI JOINTS		
Latex allergy	☐ Subacro	mial bursa	□ L	□R	☐ Hip joint	□L□R
	Glenoh			□R	☐ SI joint	L
Limited mobility	☐ AC join		 ПL	R	Greater troch bursa	 □L □R
ADD PRELIMINARY IMAGING	Biceps			 □ R	☐ Iliopsoas bursa	
				 □ R	☐ Ischial bursa	
Ultrasound				□R	Symphysis pubis	L
∐X-ray		· · · · · · · · · · · · · · · · · · ·		□R	☐ Meralgia paresthetica	L
X-ray and ultrasound	□ Sterrioc	laviculai joilit			☐ Piriformis syndrome	□L □R
UNINSURED SERVICES	ELBOW					
	☐ Elbow j	oint	□L	□R	KNEE	
Platelet Rich Plasma (PRP) - Side: L R	☐ Lateral	epicondyle	□ L	□R	☐ Knee joint	□L □R
Target site: Radiologist will protocol procedure modality. Prior MRI or	☐ Medial	epicondyle	□ L	□R	☐ Bakers cyst	□L □R
Ultrasound is required for all non-joint requests	☐ Olecran	on bursa	□ L	□R	Pes anserine bursa	□L□R
	☐ Cubital	tunnel	□ L	□R		
VISCOSUPPLEMENTATION					FOOT AND ANKLE	
Side: □L □R □B	WRIST AN				Ankle joint	∐L ∐R
☐ Cingal (Monovisc + steroid)		1 7		∐ R	Achilles tendon	∐L ∐R
☐ Monovisc 2mg (small joints)	1st CM	•	∐L	∐R	First MTPJ	∐L ∐R
☐ Monovisc 4mg (large joints)	☐ Carpal t		☐ L	R	Retrocalcaneal bursa	□L □R
☐ Durolane	☐ De Que	rvain's	□ L	R	☐ Subtalar joint	□L □R
<del>_</del>	☐ Flexor/t	rigger	L	R	☐ Plantar fascia	□L □R
JOINT	☐ Ganglio	n cyst	☐ L	R	☐ Ganglion cyst	□L □R
Hip (4cc syringe)	☐ Small jo	int (specify):			Posterior tibial nerve	□L □R
☐ Knee (4cc syringe)					☐ Morton's neuroma	□L □R
Shoulder (4cc syringe)	OTHER 10	NAIT/TENIDON/C: :D	)C A		☐ Small joint (specify):	
☐ Small joint (2cc syringe)	DINT/TENDON/BUR	ъА				
Other (specify):	Other, s	респу:				
*Please note Botox, PRP, and viscosupplementation are not covered by the Alberta Health Services Plan.	All selections	are corticosteroid unless o	otherw	vise specifie	ed in the history	



## HIFT PAIN MANAGEMENT REQUISITION



#### Location

Unit 103 - 10514 - 67 Ave Grande Prairie, T8W 0K8

1-587-495-9817 Tel: Fax: 1-587-316-0834 Email: info@shiftimaging.ca Web: www.shiftimaging.ca

Parking: Plenty of free parking

is available onsite

### **Exam preparation**

Please refer to www.shiftimaging.ca for complete instructions.

#### Pain management

Arrive 15 minutes before your appointment time.

- If you are unable to keep you appointment, please contact us 24 hours prior to your appointment at (587) 495-9817 or e-mail info@shiftimaging.ca. If an appointment is not cancelled at least 24 hours in advance of your scheduled appointment, you will be charged a twenty-five dollar (\$25) fee. Please note this will not be covered by your insurance company.
- We are unable to accommodate patients in a wheelchair unless the patient has an attendant.
- Please make reception aware of all patient's requirements such as language assistance (other than English), has a hearing impairment, is an assisted adult, has diabetic needs, has allergies (ex.Latex), has a catheter, is in or requires a wheelchair, or any other requirement.
- Remember to bring your Requisition, your Provincial Health Care Card, and Photo ID.
- Our facility is not able to provide child care services, please ensure to arrange child care during your appointment times.

Please refrain from smoking prior to your exam. Wear comfortable, breathable and lightweight clothing that provides easy access the area of concern. You may be provided with a gown depending on the procedure.

#### **GENERAL PAIN MANAGEMENT**

The majority of these procedures are either performed laying on your back or sitting comfortably in a chair. Tell your doctor if you have a latex or contrast (iodine) allergy, are diabetic and/or taking antibiotics, blood thinners, fear or needles, are prone to fainting, or if you have mobility issues that will require additional preparation time at the facility.

#### VISCOSUPPLEMENTATION

All medicines must be obtained prior to your appointment. You may either purchase from your local Pharmacist or directly from Shift Imaging. There is no fee associated with the injection.

#### **PLATELET RICH PLASMA**

This service is offered in partnership with Orthopedic Surgery Associates, located across the hall. Patients should consider a trial of corticosteroid

injection to determine a potential response to treatment. Most patients often encounter worsening of their symptoms the week following the procedure, with a gradual improvement. A diagnostic ultrasound is required prior to this procedure.

#### X-rays

X-ray services are rendered on a walk-in basis and, while no appointment is necessary, patients will be addressed in order of arrival. You will need to produce your requisition on arrival, electronic copies captured on a mobile device are acceptable so long as the entire form is captured. Inform your practitioner immediately if you are pregnant or suspect that you are pregnant, as x-ray radiation is harmful to the unborn baby and can result in birth defects.

Generally, no special preparation is necessary for this procedure. You'll be asked to remove any accessories, jewelry, clothing or other items that might impede optimal X-ray performance. In the event that you are required to remove your clothing, a gown will be provided. Women between the ages of 11 and 55 will be asked whether they may be or are pregnant; should they answer yes, proceedings will be halted and the necessary alternative action taken.

Lead shielding will be used to obscure body parts not relevant to this examination. Your technologist will position you in one or more ways throughout the course of the examination, in order to obtain the relevant images.

#### **Ultrasound**

Please refrain from smoking prior to all ultrasound exams. Some MSK exams require an X-ray of the area of concern prior to the ultrasound. This allows the radiologist to correlate the soft tissue findings of the ultrasound with the bones of the joint being examined.

#### **MUSCULOSKELETAL EXAMS**

Take all prescription medications as instructed. Your skin should be kept clean and free of body oils, moisturizers and powders. Your clothing should be lightweight, comfortable and suitable for easy access to the skin of the area to be studied.

Please visit www.shiftimaging.ca for further information and a complete list of instructions.