

## Patient & Appointment Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal code \_\_\_\_\_

Home phone \_\_\_\_\_

Other phone \_\_\_\_\_

Date of birth \_\_\_\_\_  Male  Female

Weight \_\_\_\_\_ AHC# / WCB# \_\_\_\_\_

## Physician

Referring physician \_\_\_\_\_

Clinic \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Copy to Dr. \_\_\_\_\_

Fax Copy to Dr. \_\_\_\_\_

PRAC ID \_\_\_\_\_

## Clinical History

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Due to CPSA Tele-Ultrasound guidelines we're unable to offer hernia, MSK and breast ultrasound at this location, kindly refer these to our Grande Prairie location

## Exams Offered

### GENERAL

- Abdomen
- Kidney/bladder
- Male pelvis
- Female pelvis
- Thyroid
- Scrotal
- Lump

### CARDIOVASCULAR

- Adult Echocardiography
- Carotid Duplex
- Deep Venous Thrombosis

### OBSTETRICAL:

- Dating
- Anatomy Scan (2nd Trimester)
- Biophysical Profile (3rd Trimester)

### ConnectCare

Provider ID \_\_\_\_\_

Submitter ID \_\_\_\_\_

Department ID \_\_\_\_\_



### Location

10208 110 Street  
Fairview, Alberta T0H 1L0

**Tel:** 1-587-495-9817

**Fax:** 1-587-316-0834

**Email:** fairview@shiftimaging.ca

**Web:** www.shiftimaging.ca

**Parking:** Plenty of free parking is available onsite

### Exam Preparation

Please refer to [www.shiftimaging.ca](http://www.shiftimaging.ca) for complete instructions

### Ultrasound

Please refrain from smoking prior to all ultrasound exams.

#### ABDOMINAL EXAMS

If you've had abdominal surgery in the past, including the removal of your kidney, spleen or gallbladder, be sure to let your sonographer know before commencement of the exam. Be sure to wear comfortable, lightweight clothes which provide easy access to the skin of the area to be examined. Please don't eat or drink anything except water for at least 6 hours prior to your exam.

#### OBSTETRICAL, FEMALE/MALE PELVIS EXAMS

You should empty your bladder 90 minutes prior to your appointment. Drink 1 liter of water and have a snack between 90 and 60 minutes prior to your appointment. Should you be uncomfortable with such a full bladder, you may relieve your bladder of a small amount of urine but not all. Your skin should be kept clean and free of body oils, moisturizers and powders. Your clothing should be lightweight, comfortable and suitable for easy access to the skin of the area in question. You will be provided with a gown if necessary.

#### CARDIOVASCULAR, THYROID AND SOFT TISSUE EXAMS

Take all prescription medications as instructed. Your skin should be kept clean and free of body oils, moisturizers and powders. Your clothing should be lightweight, comfortable and suitable for easy access to the skin of the area to be studied.

### Kids Ultrasound

#### ULTRASOUND ABDOMEN 0-2 YEARS

Omit the last feeding (4 hours prior to exam). 2+ years: Nothing to eat or drink after midnight prior to the examination. If necessary, a small glass of clear fluid may be given. It is best to book this exam as early in the morning as possible. No milk/milk products or carbonated beverages.

#### RENAL AND BLADDER OR PELVIS 0-2 YEARS

No preparation is required, however be prepared to spend time at the clinic as the ultrasound technologist may have to wait until the bladder fills to do the exam. A drink may be given on arrival by the ultrasound technologist. 2+ years: Full bladder is required. Drink two glasses of water and/or apple juice (500 ml) 1 hour prior to exam. If the bladder is not full, the exam may need to be rescheduled.

#### COMBINED ABDOMEN & PELVIS 0-2 YEARS

Drink water and/or apple juice only 4 hours prior to examination. No food, milk or carbonated beverages.

#### 2+ YEARS

From midnight prior to exam, clear fluids only. No food, milk or carbonated beverages. A full bladder is required. Drink two glasses of water and/or apple juice (500 ml) 1 hour prior to exam.

**Please visit [www.shiftimaging.ca](http://www.shiftimaging.ca) for further information and a complete list of instructions.**