

Patient & appointment information

Name _____

Address _____

City _____ Province _____ Postal code _____

Home phone _____ Other phone _____

Date of birth _____ AHC# / WCB# _____

Administrative gender M F

Identifying gender M F Nonbinary

Referring physician

Name _____

Clinic _____

Phone _____

Fax _____

Copy to Dr. _____

PRAC ID _____

ConnectCare

Provider ID _____

Submitter ID _____

Department ID _____

Order date _____

SIGNATURE

Clinical History

Due to CPSA Tele-Ultrasound guidelines we're unable to offer hernia, MSK and breast ultrasound at this location.

Exams Offered

GENERAL

- Abdomen
- Kidney/bladder
- Male pelvis
- Female pelvis
- Thyroid
- Scrotal
- Lump
- Transrectal prostate
- Pyloric stenosis
- Neonatal brain ultrasound

CARDIOVASCULAR

- Peripheral arterial L leg R leg
 L arm R arm
- DVT L leg R leg
 L arm R arm
- Transthoracic echocardiogram
- Carotid duplex

OBSTETRICAL:

- Dating
- Nuchal translucency
- Anatomy Scan (2nd Trimester)
- Biophysical Profile (3rd Trimester)



Location

#111 - 4801 39st.
St. Paul, Alberta

located inside the St. Paul
Wellness Centre

Tel: 1-780-290-0241

Fax: 1-780-800-6255

Email: stpaul@shiftimaging.ca

Web: www.shiftimaging.ca

Parking: Plenty of free parking
is available onsite

Exam Preparation

Please refer to www.shiftimaging.ca for complete instructions

Ultrasound

Please refrain from smoking prior to all ultrasound exams.

ABDOMINAL EXAMS

If you've had abdominal surgery in the past, including the removal of your kidney, spleen or gallbladder, be sure to let your sonographer know before commencement of the exam. Be sure to wear comfortable, lightweight clothes which provide easy access to the skin of the area to be examined. Please don't eat or drink anything except water for at least 6 hours prior to your exam.

OBSTETRICAL, FEMALE/MALE PELVIS EXAMS

You should empty your bladder 90 minutes prior to your appointment. Drink 1 liter of water and have a snack between 90 and 60 minutes prior to your appointment. Should you be uncomfortable with such a full bladder, you may relieve your bladder of a small amount of urine but not all. Your skin should be kept clean and free of body oils, moisturizers and powders. Your clothing should be lightweight, comfortable and suitable for easy access to the skin of the area in question. You will be provided with a gown if necessary.

CARDIOVASCULAR, THYROID AND SOFT TISSUE EXAMS

Take all prescription medications as instructed. Your skin should be kept clean and free of body oils, moisturizers and powders. Your clothing should be lightweight, comfortable and suitable for easy access to the skin of the area to be studied.

Kids Ultrasound

ULTRASOUND ABDOMEN 0-2 YEARS

Omit the last feeding (4 hours prior to exam). 2+ years: Nothing to eat or drink after midnight prior to the examination. If necessary, a small glass of clear fluid may be given. It is best to book this exam as early in the morning as possible. No milk/milk products or carbonated beverages.

RENAL AND BLADDER OR PELVIS 0-2 YEARS

No preparation is required, however be prepared to spend time at the clinic as the ultrasound technologist may have to wait until the bladder fills to do the exam. A drink may be given on arrival by the ultrasound technologist. 2+ years: Full bladder is required. Drink two glasses of water and/or apple juice (500 ml) 1 hour prior to exam. If the bladder is not full, the exam may need to be rescheduled.

COMBINED ABDOMEN & PELVIS 0-2 YEARS

Drink water and/or apple juice only 4 hours prior to examination. No food, milk or carbonated beverages.

2+ YEARS

From midnight prior to exam, clear fluids only. No food, milk or carbonated beverages. A full bladder is required. Drink two glasses of water and/or apple juice (500 ml) 1 hour prior to exam.

Please visit www.shiftimaging.ca for further information and a complete list of instructions.